

Hey folks,

please help spread the word!

(And hello and a warm welcome to new members of this email list!)



October is upon us, which means the next reading group is happening soon!

When: Wednesday 9th October, 6-8pm to be precise.

Where: RMIT Building 13, level 3, room 7.

Contribution: \$5-\$15 (no one will be turned away for lack of funds)

The topic this month is: Reclaiming experiences from the language of "mental health" (week).

This reading group will be held during Mental Health Week, which is a challenging time for many of us critical thinkers ... so come, let's be mad/discuss mad ideas together.

The readings are both hot off the press (*please ensure you have read both articles before coming to the reading group*):

- The Mindful Occupation Collective (2019). 'What is Radical Mental Health?' In L.D. Green & Kelechi Ubozoh (eds) *We've Been Too Patient: Voices from Radical Mental Health*. North Atlantic Books; California, pp.139-146
- Jacqui Dillon (2019). 'Names matter, language matters, truth matters.' In Jo Watson (ed) *Drop the Disorder! Challenging the Culture of Psychiatric Diagnoses*. PCCS Books, UK, pp.207-222.

The readings are available (as PDFs) for study purposes only. The files are too big to email you all unsolicited, but they are available for download on the Reading Group website (www.madstudiesmelb.net.au, hopefully now bug free) or they can be emailed individually (please try the links on the website first).

Some questions we might explore together include:

- *What does it mean to have a "survivor mission"?*
- *How does psychiatry/the medical model push us into "double think"?*
- *What does social justice mean in the context of mental distress?*
- *Where do our experiences and imaginations and questionings and politics and "dangerous gifts" take us?*

Looking forward to discussing mad ideas with you next week!
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