

Hello Mad Reading folks,

Did anyone else notice September creep up like that?! This means the next reading group is nearly upon us!

- **Topic:** *Madly sustaining ourselves and our work*
- **When:** Wednesday September 11th, 2019, 6pm-8pm
- **Where:** RMIT Building 13, level 3, room 7
- **Contribution:** \$5-\$15 OR free of charge (if you can't afford to make a financial contribution)
- **RSVP:** most welcome but not necessary

The two texts we will be discussing are (*please read these texts before coming to the group!*):

- Vicki Reynolds (2011) 'Resisting Burnout with Justice Doing.' Available at: <https://vikkireynoldsdotca.files.wordpress.com/2017/12/reynolds2011resistingburnoutwithjustice-doingdulwich.pdf>
- bell hooks (1991) 'Theory as Liberatory Practice'. Available at: <https://digitalcommons.law.yale.edu/cgi/viewcontent.cgi?article=1044&context=yjlf>

Vicki Reynolds is 'a therapeutic supervisor/activist interested in liberating justice, resistance and solidarity, from the margins of our work into the ethical centre.' (Reynolds 2011) bell hooks is an American author, professor, intersectional feminist and social activist. Neither write specifically from a Mad Studies perspective but they both offer rich ideas relevant to Mad lives and Mad Studies.

The kinds of questions we might discuss include:

- What's the relationship between theory and activism?
- What can we learn from other movements about power and solidarity?
- How might theory itself be a "healing place"?
- What kinds of tools might we need for not just individual "healing" but justice and collective liberation? (Hint: no amount of yoga or mindfulness is going to get us there)

Really looking forward to discussion ideas with you all, and please do spread the word!

Warmly,
Flick

We acknowledge the Sydney Critical Perspectives on Madness Reading Group (offthewall.net.au) for suggesting this pairing. Much respect!