Hi Mad Studies Reading Folk!

Please join us for our June reading group topic: '**Fat and Mad: thinking critically about medicalising our bodies and minds**'!

We'll be led by the wonderful Jo Farmer, regular to Mad Studies Melbourne reading group, to look into the topic of Fatness and our bodies, and how this intersects with the consumer/survivor/lived experience movement. What are the common assumptions and misconceptions about people living in bigger bodies? How does weight stigma affect Fat people trying to access mental health services? How can we challenge the medical model when it comes to weight stigma and discrimination?

Date: Tues 15th of June
Time: 7-8.30pm AEST (Melbourne time – 10am UK time)
Facilitator: Jo and Zara

Readings:

- Hobbes, Michael (2018). ["Everything You Know about Obesity Is Wrong"](). In: HuffPost (10-15 minute read)

- Shanouda, Fady (2021). ["Fat and Mad Bodies: Out of, Under, and Beyond Control"](). Available from Academia.edu with account, or attached with this email for study purposes only. (15 minute read)

We had so many readings suggested to us that we have also compiled a list of "supplementary readings" for those folks who have the capacity for further reading:

- White, Carolynne (2019). ["Weight Stigma 101"](). In: Medium (online). (5 minute read)

- Cassidy, Amanda (2021). ["Let's admit it, our ability to separate self-worth from size remains dangerously distorted".]() In: IMAGE (online). (<5 minute read)

- Gungor, Michael, Harrison, Christy & McBride, Hillary (2020). ["Does Fat = Bad?"](), episode of The Liturgists podcast (online or via podcast apps). (1 hr listen)

Zoom link: https://us02web.zoom.us/j/89985152142

Meeting ID: 899 8515 2142

Finally – the International Journal of Mad Studies is looking for a design for a logo, so we are circulating for those who may have an interest in graphic design. Please see the pdf attached of the design brief for the details of their values, payment etc.

Hope to see you then!

All the best,
Zara and Antonia