

Dear Mad Reading folk,

We hope everyone is faring well, especially our friends up in Sydney!

This month we'll be meeting as usual on the 3rd Tuesday of the month, and Unmana has kindly volunteered to facilitate, on the topic '*when therapy does harm*'. Unmana is a regular attendee of Mad Studies Reading Group and has written [a bit about her journey here](#).

Date: Tues 17th August

Time: 7-8.30pm AEST (Melbourne time – 10am UK time)

Facilitator: Unmana

Zoom link: <https://vla-vic-gov-au.zoom.us/j/63048633250>

Meeting ID: 630 4863 3250

Password: 973944

Readings:

Bhattacharya, S. (2014, May 11). [The lifelong cost of burying our traumatic experiences](#). New Scientist. (review of the book 'The Body Keeps the Score' by Bessel van der Kolk)

Curran, J., Parry, G. D., Hardy, G. E., Darling, J., Mason, A.-M., & Chambers, E. (2019). [How Does Therapy Harm? A Model of Adverse Process Using Task Analysis in the Meta-Synthesis of Service Users' Experience](#). *Frontiers in Psychology*, 10, 347.

Jarrett, C. (2008). [When therapy causes harm](#). *The Psychologist*, 21, 10–12.

Hope to see you soon!

Cheers,

Zara and Antonia