

Dear Mad Reading folk,

Looking forward to seeing you all in March, when Tamar will lead the topic **'mad-created and co-created clinical training and services.'**

Date:

Tuesday, 21st March 2023

Time:

7pm – 8.30pm AEDT (Melbourne/Naarm time)

Zoom link:

<https://us02web.zoom.us/j/81031407750?pwd=TGlwdTFuN25uVU5mWGlkZXlubnNSQT09>

Passcode: 852046

Reading materials:

1. A half-hour [video with Pat Deegan](#) presenting Common Ground, an application designed to bring the concept of recovery and people's recovery goals into standard psychiatric consultations.
2. A case study, [Let's learn together](#): co-creating mental health solutions with adolescents in Tanzania and Viet Nam
3. [Learning from Experience: working in collaboration with people with lived experience to deliver psychiatric education](#) (Royal College of Psychiatry)

Discussion questions:

1. What do you wish was included in clinical training or services? Let's make our own wish list!
2. Are the goals of Mad-created and co-created resources different, and, if so, how?
3. Are there ways to overcome professional reluctance to integrate Mad voices in training, as evident in the UK Royal College of Psychiatrists' document?
4. How can Mad contributors or service users be effectively recruited, offered active participation, and fairly rewarded for their contribution, without perpetuating existing power imbalances?
5. Can Mad-created resources or solutions radically re-imagine services?

Here is a list of some mad- and co- created services/supports/training that might spark some inspiration:

- Humane Clinic (Aus): <https://www.humaneclinic.com.au/workshops-training>
- Just Listening Community (Aus): <https://www.justlistening.com.au/>
[Read their 6 month evaluation report here](#)
- Athena Consumer Workforce Consulting (Aus): <https://www.athenacwc.com.au/about>
- Off the Wall (Aus): <http://www.offthewall.net.au/>
- Inside Out & Associates (Aus): <https://insideoutconversations.com.au/>
- Alt2Su (Aus): <https://alt2su-nsw.net/about/>
- Hearing Voices Network (Aus): <https://www.unitingvictas.org.au/services/mental-health/hearing-voices-support/>
- Hearing Voices Network (UK): <https://www.hearing-voices.org/>
- Project LETS: <https://projectlets.org/>

- Leeds Survivor Led Crisis Service (UK): <https://www.lslcs.org.uk/>
- Wildflower alliance (US): <https://wildfloweralliance.org/>
- Delancey Street Foundation (US): <http://delanceystreetfoundation.org/#>

See you then!

Yours,

Mad Studies Melbourne